OUR VISION

Brantwood empowers people of all abilities to have a life of their choosing.

OUR MISSION

A community benefitting from diversity in culture, life experience and abilities.

OUR VALUES

<u>Uniqueness</u>: Each person we support is unique and their needs must be addressed from a person-centred perspective.

Contribution:

Each person has values and gifts which enable them to make meaningful contributions to the community.

<u>Choice</u>: People with developmental disabilities have the right to make informed choices for their lives.

Relationships: Meaningful relationships and partnerships are instrumental in enhancing the quality of life of people supported.

Innovation: Brantwood values innovation, learning and the use of best practice.

Accountability:

Brantwood is accountable to its stakeholders for outcomes, quality and effective stewarding of resources.

Hours of Operation

Monday to Thursday 9:00 am- 9:00 pm

Friday 9:00 am to 8:00 pm

Flexible times are available for booking the Pool and Multi-Sensory Room.

Conditions of Use

Prior to using the facility an orientation to the Centre will be provided and you will be given an RTC Member's Handbook. Please familiarize yourself with its contents and follow the guidelines and safety rules outlined therein. You will also be required to sign a liability waiver. Once orientation is completed, participants are asked to schedule their use of the facility, equipment or programs through Reception or the program supervisor.



For general inquiries or more information contact the Recreation Therapy Centre:

25 Bell Lane, Brantford, ON N3T 1E1 Tel: 519-753-2658

Fax: 519-753-5639 www.brantwood.ca



Memberships Recreation Therapy Centre

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Recreation Therapy Centre

Brantwood offers several annual membership packages which expire at the end of the calendar year. In order to choose the package best suited to your needs, simply determine your number of uses per week and multiply by the number of weeks remaining in the year.

Membership packages can be shared with additional people in your household or agency, but each visit for each person counts as one use. There is also a single visit rate. There is no charge for children under two years and no charge for a support person for someone with special needs.









Brantwood also offers warm water Aquafit Classes which help with arthritis, chronic pain and cardiovascular function. Off the Wall (Mon) is an active class with high energy exercise in a fun environment and On the Wall (Wed) is a slower-paced class focusing on improving balance and muscle strength. Range of Motion (Tues) focuses on maintaining functional range of motion in all joints of the body and the **Low Impact** (Thurs) involves strengthening activities that will help improve overall health and activities of daily living.

Membership Options Hydrotherapy Pool

Our warm water pool provides significant therapeutic benefits to those with joint pain or stiffness as well as providing a soothing medium for an afternoon or evening swim.

Please note the pool is unsupervised

10 Use Membership: Cost: \$50.00

25 Use Membership: Cost: \$112.50 Includes a 10% discount. This membership is ideal for a person that enjoys the pool once, every other week for one year

50 Use Membership: Cost: \$187.50 Includes a 25% discount. This membership is ideal for person to use to the pool once a week for one year.

100 Use Membership: Cost: \$350.00

Includes a 30% discount. This membership benefits the user who frequents the pool twice a week for one year or who would like to share the membership with others in their household or agency.

200 Use Membership: Cost: \$650.00

Includes a 35% discount. This membership is ideal for the person that uses the pool three or more times per week or who shares the use of the membership.

Single Visit: \$7.50 per person per hour. Please note: We cannot reserve multiple booking times for single use memberships.

Multi-Sensory Room

A multi-sensory environment that provides sensory stimulation using lighting effects, colour, sounds, music and scents. The Room can be used both actively for teaching and passively for relaxation.

10 Use Membership: Cost: \$100.00

25 Use Membership: Cost: \$ 225.00

Includes a 10% discount. This membership is ideal for a person that enjoys the Multi-Sensory Room once, every other week for one year.

50 Use Membership: Cost: \$375.00

Includes a 25% discount. This membership is ideal for person to use to the Multi-Sensory Room once a week for one year.

100 Use Membership: Cost: \$700.00

Includes a 30% discount. This membership benefits the user who frequents the Multi-Sensory Room twice a week for one year or who would like to share the membership with others in their household or agency.

200 Use Membership: Cost: \$1300.00

Includes a 35% discount. This membership is ideal for the person that uses the Multi-Sensory Room three or more times per week or is sharing the membership with others in their agency or household.

Single Visit: \$15 per person per hour.

Please note: We cannot reserve multiple booking times for single use memberships.